



Signs of an Overdose



Difficulty walking, talking, or staying awake.



Extreme drowsiness and tiny pupils.



Choking or a snore-like gurgling sound.



Confusion and disorientation.



Bluish or grayish colored and clammy skin.



Shallow or slowed breathing.



An inability to wake up even when shaken or yelled at.



Slow or weak pulse.

Fentanyl Overdose Emergency Steps

1

Call 911 or a local emergency number. Inform the emergency operator you suspect someone is overdosing. Tell them if the person is breathing, struggling to breathe, or not breathing.

2

Attempt to wake the person up. Tap them on the shoulder or loudly ask them to wake up. If they are not responding, gently shake them. If they are completely out, pinch their back or arm, or rub the middle of their chest with your knuckles.

3

Use Naloxone (Narcan) if it is available or if you have it. The nasal spray Narcan works to reverse the effects of an overdose,

4

Begin rescue breathing. Tilt their head back to open the airway and check their mouth to make sure it is not blocked. Begin rescue breathing by pinching their nostrils, placing your mouth entirely over theirs, and breathing into their mouth every five seconds for 30 seconds for an adult.

5

Place the person onto their side. This is done to prevent choking and remain with them until emergency services arrive.

FENTANYL:

Signs of an overdose and emergency steps to handle it

